



# MESSENGER

VOL 4

May 22, 2022

ISSUE 21

1014 South Jog Rd.  
West Palm Beach, FL 33415

**OFFICE:**

P 561-684-8114

Hours: 9:00am—1:00pm

Monday—Thursday

Halle Johnson, Secretary  
secy@cocopb.org

**GOSPEL PREACHER:**

Heath Johnson

preacher@cocopb.org

**LEADING MEN:**

leadership@cocopb.org

**TIME OF SERVICES:**

Sunday Bible Study: 9:00am

Sunday Worship: 10:00am

Sunday Evening Worship: 6:00pm

Wednesday Bible Study:  
7:00pm

If you are interested in a home Bible study or would like a free Bible correspondence course with which to study by mail, please inform the minister or any of the men leading worship services. We are glad you are here!

## 10 WAYS TO PROTECT YOUR MARRIAGE

When you value something you protect it. Your marriage is very valuable, and it's important to protect it. Here are 11 ways to protect your marriage ... 1. DON'T KEEP SECRETS – There's never a good reason to keep a secret. Marriage is about openness and honesty and the healthiest marriages keep no secrets. 2. BE LOYAL - You made a vow and commitment to your spouse on your wedding day. Have your spouse's back and speak well about them. 3. BE VERY CAUTIOUS ABOUT FRIENDS OF THE OPPOSITE SEX – Friendship with other couples is okay, but don't have a close friendship with someone of the opposite sex. If you're sharing your marriage problems with someone of the opposite sex, you're headed for trouble. 4. TALK ABOUT YOUR SPOUSE TO OTHERS – Speak highly of your spouse around others, especially around the opposite sex. That simply lets the world know you are committed and in love with the person you married. Never talk sex or flirt with someone of the opposite sex. 5. CHECK IN – Be accountable to one another with your time. Check in and let your spouse know where you are and what you're doing. If you're running late, let them know. It's not called being controlled, it's called respect. 6. DON'T SPEND MORE THAN YOU MAKE – While debt and financial issues aren't the reason couples get divorced, it is a huge underlying factor. Marriages that aren't full of debt are much more stress free. 7. FIND ACTIVITIES THAT YOU BOTH ENJOY – Individual interests are okay, but don't have a hobby that that causes you to spend time with others more than you do with your spouse. Find things to do together. 8. MAKE YOUR FAITH IMPORTANT – Allow God to play a major role in your relationship. 9. KNOW WHAT THEY NEED – Never assume you know what your spouse's needs are ... ask. Don't assume you know what your spouse likes ... ask. 10. TALK – You fell in love through communication and your relationship will remain strong by talking to one another. Face to face communication is always better than text, phone and email.

Author Unknown

# Losing a Shoe, Winning the Race

## WELCOME!

**Welcome to the services of the church of Christ of the Palm Beaches! You are our honored guest!**

**We are a congregation of the church of which you can read in the Bible. We strive to do Bible things in Bible ways and to call Bible things by Bible names; to be Christians and Christians only. It is our goal to simply and plainly preach and teach New Testament Christianity.**

**You will find our worship simple and according to the New Testament pattern. We worship the same way that Peter, Paul, and John worshipped—In spirit and in truth (John 4:24).**

**Our Headquarters is in heaven, our Creed is Christ and our book is the Bible. The Bible only will make Christians only and that is our plea.**

**We certainly hope that all we do will be encouraging and uplifting to you. Please take a moment to fill out a visitors' card located in the pew in front of you and place it in the card holder at the end of the pew.**

Before a track meet in Omaha, Nebraska, the first Saturday of this month, Terence “Bud” Crawford was most renowned for his perfect 38-0 record as a professional boxer. His unblemished record includes 29 knockouts, but he, then later millions more, saw his seven-year-old daughter deliver the most unlikely knockout blow many of us have seen. Little Talaya ran out of her shoe at the starting block, then fell behind the rest of the pack by 20 meters in this 200 meter race while she put it back on. Not only did she not give up, she stormed back and won the race with seconds to spare. She has aptly with words like grit, determination, and undaunted. Heroic and inspiring have also been bandied about. Perhaps her drive not to lose comes from her father, but she certainly reflected well on him (ESPN report here). The Bible refers to life as running a race (Heb. 12:1). Paul urges us to run in order to win (1 Cor. 9:24). He was concerned about running in vain (Gal. 2:2). He was determined to finish the course (2 Tim. 4:7). While Paul and the writer of Hebrews describe a race that sounds more like a marathon than a couple hundred yards, it will require all the more grit and determination to successfully complete. There will be encumbrances and entanglements. Whether problems or pressures, things will happen that can bring us to a standstill. In those moments, we may be tempted to quit. Those are the times we can remember our Father and reflect His ways! In our case, He’s not just watching! He can help us win. Are you discouraged? Do you feel defeated? Maybe it’s something someone has done to you. Maybe it’s something you have done. Whatever it is, perhaps you feel it’s useless to go on. By getting back on track, you may not only win the race yourself but inspire so many others through your successful finish! Don’t give up! The reward is worth the effort. “In the future there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day; and not only to me, but also to all who have loved His appearing” (2 Tim. 4:8).

Neal Pollard

## PRIVILEGED TO SERVE

### Sunday Morning Worship

**SONG LEADER:** Sterling Fredrick

**OPENING PRAYER/ SCRIPTURE**

**READING:** Joe Lewis

**PRESIDING:** Ron Cullom

**SERVING:** Mike Morakis, Carlos Echeverria, Gary Lester & Brett Gray

**CLOSING PRAYER:** Terry West

### Sunday Evening Worship

**SONG LEADER:** Norman Delong

**OPENING PRAYER/SCRIPTURE**

**READING:** Chuck Canteen

**PRESIDING:** Jim Rogers

**SERVING:** Fabian Gordon

**CLOSING PRAYER:** Jim Bowman

### Wednesday Bible Study

**SONG LEADER:** Norman Delong

**OPENING PRAYER:** Heath Johnson

**CLOSING PRAYER:** Chuck Canteen



## Keep in your prayers...

### COCOPB Members

**Ginny Gathright**, her treatments for her rheumatoid arthritis are working, continue to pray they keep working.

**Lena Morris**, will be having surgery and needs our prayers.

### Family of COCOPB Members

**Louise**, Sandy Mann's mother, is having a pace maker put in on May 23rd.

**Kristina Machan**, Maureen Machan's daughter-in-law, had gastric surgery and is home recovering.

**Sonja Morris**, Tiffany Hart's mother, had to have another blood transfusion.

**Beach Aten**, John Smith's brother-in-law, Has a Lymphoma.

**Roberto Naranjo**, Melva Pollard's Father, Has been in pain and need our prayers.

**Bryan Ogden**, Shea Ogden's husband, was diagnosed with stage 4 cancer and is starting treatments.

**Tony Flegert**, Maureen Machan's son in-law, is home from the hospital but continues to need prayers.

**Jan Richardson**, Marsha Morakis's mother, was diagnosed with stage 1 lung cancer.

**David Echeverria**, Carlos Echeverria's brother, is having difficulties and need's prayers.

**Hazel Voight**, Nancy Sparks' sister, is in hospice care and is suffering with bed sores.

**Laverne Byzek**, John Smith's sister, continues to need our prayers.

**Ollie**, Justin Ford's Step Father, is Having Health issues and needs prayers for spiritual guidance.

### Friends of COCOPB Members

**Jack Skunkweller**, Patti Jaquot's brother, had a heart attack.

**Ying Tepperman**, A friend of Thomas Dinetta, is going through the loss of her husband.

**Monica Sinclair**, is going through a very difficult time and needs our prayers.

**Tina Wagner**, continues to need our prayers.

**Robin Landen**, is still recovering from her stroke.

### COCOPB Members Traveling

None

### Shut-ins

**Jack Lee**

**Lena Morris**



# THE PREACHER'S FILES



## QUOTE OF THE WEEK

“It is the whole job of the whole church to preach the whole gospel to the whole world.”

– Charles Spurgeon

## FOOD FOR THOUGHT:

“If the living knew what the dead men know the whole world would follow Christ.”

## GEMS FROM GREEK

Koinonia (Noun). Gr. κοινωνια

“fellowship, communion, joint participation, financial contribution.”

Koinonia is often translated as “fellowship” in our English new testaments. Acts. 2:42 states: “and they continued steadfastly in the apostles doctrine and fellowship (Koinonia)...” Koinonia is used to describe our fellowship with Jesus (1 Cor. 1:9), the gospel (Phil. 1:3-5), and holy spirit (Phil. 2:1). Koinonia is also used to describe our weekly giving (2 Cor. 9:13).

## PEARLS FROM PROVERBS

“A person finds joy in giving on apt reply-and how good is a timely word!”

**Prov. 15:23**

## WEEKLY BIBLE READING

May. 22nd	Gen. 20-22	Matt.6:19-7:6
23rd	23-24	7:7-29
24th	25-26	8:1-27
25th	27-28	8:28-9:17
26th	29-30	9:18-38
27th	31-33:17	10:1-23
28th	33:18-35	10:24-11:1

By following this schedule, you will be able to read the entire Bible in a year.

# NEWS & NOTES

## **BIRTHDAYS AND ANNIVERSARIES**

### **BIRTHDAYS**

MANOELLA MENDIETA 5/4

JACK LEE 5/16

HELEN QUINTERO 5/31

### **ANNIVERSARIES**

JANET & LAVELEE MORELAND 5/6

CHUCK & MAGGIE CURET CANTEEN 5/20

### ATTENDANCE May. 15th

Sun. Bible Study: 23

Sun. A.M: 55

Sun. P.M: 20

Wed. Bible Study: 29

Contribution: \$3,020.00

Weekly Budget: \$4,147.00

Variance: -\$1,127.00

### TODAY'S SERMONS

AM: "THE HIDDEN GOSPEL"

PM: "THE THREE "BEARS" "



The pantry is in need of: **Bags of rice, black bean's— canned or dry, peanut butter and jelly, canned vegetables, canned meat, No tuna please! \$25 Gift cards for Publix, Aldi or Walmart, for perishable items.** There is a donation bin in the foyer! If you have any questions please see **Maureen Machan!** Thank you.



Don't forget we live stream every service online on our YouTube channel! You can find us on YouTube at **Church of Christ of the Palm Beaches**, or go to our website at **Cocopb.org** and click the YouTube link! And subscribe to our channel!



Our annual Send and Save Sunday will be on **May 29th, 2022!** All donations will be going to Missionary John Grubb in Indonesia! There is a donation bucket in the auditorium behind the last pew on the left if you would like to donate any spare change!



We will also be having our annual 5th Sunday Q&A on **May 29th, 2022 Sunday evening!** There are question slips out on the table in the foyer!



## Proverb Plans

One of my plans for this year is to read a chapter of Proverbs each day. It's a simple plan: just read the chapter corresponding to the date. In months with less than 31 days, just read a few extra chapters on the last day. I also plan to pick a passage from each chapter as the day's focus. I know many preachers and other Christians who follow this plan. It is good advice. And speaking of good advice, here is my focus for the day: "A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels..." (Proverbs 1:5). Are you listening to the wisdom only God's Word can provide? Are you striving daily to learn God's will and to gain understanding of His ways? Are you following the whole counsel of God? Read 2 Timothy 2:15; 3:15-17; Acts 20:26-27.

Jack McNiel

*His  
Mercy  
endures  
forever*  
PSALM 136:1

### GOSPEL PLAN OF SALVATION

**Hear God's Word**

Romans 10:17

**Believe the Gospel**

John 20:30-31

**Repent of Your Sins**

Luke 13:3

**Confess Faith in Jesus**

Romans 10:9-10

**Be Baptized**

Acts 2:38

**Live Faithfully**

Revelation 2:10



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